

YOUR NUTRITION STRATEGIES ARE AS DISTINCTIVE AS YOU ARE

DENERVIT

RESEARCH MUST GO ON

This motto has inspired, for over 40 years, the work on the field of the Enervit Research & Development. Being able to follow both professionals and amateurs during competitions and trainings, allowed the Equipe Enervit to identify athletes' real needs and develop high-quality sport nutrition products, studied to support performance at its best. Especially when talking about endurance sports, like running, cycling or swimming, a correct and functional nutrition and hydration can make the difference.



DENERVIT

ONCE: BEFORE, DURING, AFTER SPORTS.

Enervit has been the first to introduce the 'before, during, after sports' concept. This was possible after discovering the three crucial stages during which the right products could overturn the results: before: to increase energy and prepare the body to the effort that follows; during: to reduce fatigue and increase energy supply; after: to help the body recover quickly and perfectly. These three moments have determined the nutritional strategies of all athletes over the years. But Enervit doesn't settle, so each result becomes the starting point for new innovations. That's exactly what happened

TODAY: ENERVIT NUTRITION SYSTEM®

Today thanks to the close collaborations with the pros of UAE Team Emirates, Trek Segafredo and the Italian National Cycling Team, Enervit has come up with a new approach that allows to tailor each strategy on the goals and needs of each single athlete, whether it's for trainings or competitions. This is what Enervit Nutrition System is all about: supporting athletes of each level with a personalized plan. The starting point? The assumption of a specific quantity of carbohydrates per each hour of activity and the correct hydration







RUNNING 1H TO 2H (ex. Half Marathon)

CARBO

TABLETS

25g

10g



CHOOSE YOUR IDEAL COMBO FOR EVERY HOUR

Before During After







RUNNING > 2H (ex. Marathon)



CHOOSE YOUR IDEAL COMBO FOR EVERY HOUR

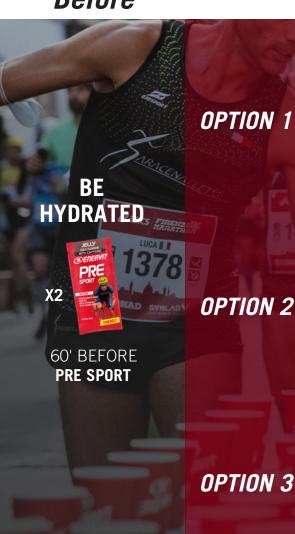
During After Before



DEFIERVIT

WITHIN 30'

R2 RECOVERY DRINK



OPTION 2

